

Sunrise A-Team 2010/2011

All Terrain Any Condition

Description: A program for young skiers & snowboarders designed to reinforce fundamental riding concepts.

Objectives:

- 1-Athletes will learn fundamental riding concepts.
- 2-Athletes will be exposed to a variety of terrain & conditions.
- 3-Athletes will develop team-building skills.
- 4-Athletes will increase their confidence & ability to manage challenging situations.

Activities:

- 1-Lessons will be designed and implemented to meet the individual needs of each athlete.
- 2-Time will be spent exploring the different aspects of the mountain.
- 3-Emphasis will be placed on working together and building up each member.
- 4-Athletes will practice on difficult terrain and learn to negotiate the best approach down.
- 5-Activities will be developed around the idea that skiing and snowboarding are great sports and should be thoroughly enjoyed!

Age: 7 to 16

Days and Times: Saturdays, 9:30AM - 3:00PM, Sunrise Junior Snow Sports Room.

Uniform: Participants are responsible for adequate clothing, equipment & helmet

Instructors: Are certified staff from the Sunrise Ski & Snowboard School.

Cost: \$395.00 for the season/or \$295.00 for any 8 Saturdays through out the season. **Payable to Sunrise Ski & Snowboard School** (this includes coaching and NASTAR pass). Athletes are also responsible for their own Sunrise Season Pass or a daily lift ticket.

Start Date & Parent/Athlete Meeting

First Saturday, 01-08-11 9:00 AM

Sunrise Junior Snow Sports Room

**IF INTERESTED IN PARTICIPATING PLEASE CONTACT
Sunrise Ski & Snowboard school 800-772-7669-x2306**

(See the back of this form for registration)

2010/2011 A-Team Registration

Please Print Clearly & Fill Out Completely

E-mail This ... Fax It

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-Mail: _____

My current "ride level is:

- Beginner
- Intermediate
- Advanced

Select option:

- Ski
- Snowboard

Payment:

- Training ... \$395 season or \$295 any 8 Saturdays
- Pass (not included in the training cost):
 - I have my own season pass
 - I will purchase a season pass
 - I will need a daily lift ticket